

## Preparation

**A** Write the symptom matching each picture.

- coughing
- feverish
- headache
- itchy eyes
- nauseous
- runny nose
- sneezing
- sore throat
- stomach ache



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_



7. \_\_\_\_\_



8. \_\_\_\_\_



9. \_\_\_\_\_

**B** Complete the sentences with your own ideas.

1. [Frequency] I get sick \_\_\_\_\_.
2. [Symptoms] I usually have \_\_\_\_\_ when I catch a cold.
3. [Things to Do] I \_\_\_\_\_ when I catch a cold.
4. [Good Habit] My good health habit is \_\_\_\_\_.
5. [Bad Habit] My bad health habit is \_\_\_\_\_.

**C** Work in pairs. Student A, ask your partner the questions below. Student B, answer the questions with your ideas from Task B. Change roles and practice again.

1. How often do you get sick?  
I get sick ...
2. What symptoms do you have when you catch a cold?  
I usually have ... when I catch a cold.
3. What do you do when you catch a cold?  
I ... when I catch a cold.
4. What is one of your good health habits?  
My good health habit is ...
5. What is one of your bad health habits?  
My bad health habit is ...

# Conversation Model

**A**

Fill in the blanks with the words below. Then listen to the conversation and check your answers.

- alright      ■ feverish
- medicine   ■ sore throat



**B**

Work in pairs. Read the conversation with your partner. Change roles once. Then practice again with the substitutions below.

[Substitution 1] ❶ What's wrong?    ❷ I can't stop sneezing    ❸ had a stomachache  
 ❹ I don't remember.    ❺ Maybe you ought to see a doctor.

[Substitution 2] ❶ You don't look very well.    ❷ I can't stop coughing    ❸ felt nauseous  
 ❹ Yeah, I have some.    ❺ You'd better take it easy today.

## Practice

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Asking about Physical Condition	Talking about Health Problems
<ul style="list-style-type: none"> <li>▪ <b>How are you feeling today?</b></li> <li>▪ <b>You don't look very well. What's up?</b></li> <li>▪ <b>What's wrong?</b></li> <li>▪ <b>Are you alright?</b></li> <li>▪ <b>Do you have</b> hay fever?</li> <li>▪ <b>Are you feeling</b> nauseous?</li> <li>▪ <b>Are you</b> sneezing?</li> </ul>	<ul style="list-style-type: none"> <li>▪ <b>I have</b> a sore throat.</li> <li>▪ <b>I have</b> itchy eyes.</li> <li>▪ <b>I feel</b> feverish.</li> <li>▪ <b>I can't stop</b> sneezing.</li> <li>▪ My neck is <b>itchy</b>.</li> <li>▪ My leg <b>hurts</b>.</li> </ul>
Giving Advice	Talking about Health Habits
<ul style="list-style-type: none"> <li>▪ <b>You should</b> go home and rest.</li> <li>▪ <b>You ought to</b> see a doctor.</li> <li>▪ <b>You'd better</b> drink lots of water.</li> <li>▪ <b>You need to</b> take some medicine.</li> <li>▪ <b>You shouldn't</b> do any sports.</li> <li>▪ <b>Don't</b> eat oily food.</li> <li>▪ <b>Avoid</b> junk food.</li> </ul>	<ul style="list-style-type: none"> <li>▪ <b>I always</b> take a bath in the evening.</li> <li>▪ <b>I always</b> gargle <b>when I</b> get home.</li> <li>▪ I exercise <b>at least</b> twice a week.</li> <li>▪ <b>I try to avoid</b> junk food.</li> <li>▪ <b>I almost never</b> drink coffee.</li> </ul>

A

Work in pairs. Look at one of the pictures in Preparation Task A. Take turns to act out the symptom and guess what your partner is acting.

B

Practice talking about health problems and giving advice. Use the symptoms from Preparation Task A and the expressions from the list above.

- Ex** A: **How are you feeling today?**  
 B: I'm not feeling well. I think **I have** ...  
 A: **What's wrong?**  
 B: ... (talk about symptoms)  
 A: **Do you have ...?**  
 B: Yes, I do. / No, I don't.  
 A: ... (give advice)

C

Change your partner. This time, practice talking about health problems and guessing the illness. Student A, look at page 127. Student B, look at page 128.

- Ex** A: **You don't look very well. What's up?**  
 B: ... (talk about three symptoms)  
 A: ... (ask about another symptom)  
 B: Yes/No, I ...  
 A: Well, I think **you have** heatstroke. ... (give advice)

## Expanded Conversation

**A** Work in class. Take turns to ask your teacher the survey questions and make notes of his/her answers. Then give him/her a health rating. Color five stars if he/she is really healthy, one star if he/she is unhealthy.

**B** Write your own answers below. Then give yourself a health rating.

Survey Questions	Teacher	You	Partner 1	Partner 2
1. How often do you get sick?				
2. Do you eat fruit and vegetables every day?				
3. Do you eat a lot of junk food and snacks?				
4. What is your favorite junk food?				
5. How many hours do you usually sleep?				
6. When do you exercise?				
7. What kind of exercise do you do?				
8. What's the most important thing for good health?				
<b>Health Rating</b>	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆	☆☆☆☆☆

**C** Work in pairs. Ask your partner the survey questions and make notes of his/her answers in the columns for Partner 1. Then give him/her a health rating and exchange health advice with each other.

**D** Change your partner and practice again. Use the columns for Partner 2. Does he/she give you the same advice as Partner 1?

## Student A

**I** Your partner doesn't look well today. Ask about his/her physical condition, guess the illness from the list, and give advice.

- a cold
- hay fever
- food poisoning
- heatstroke

**II** You are not feeling well today. Look at the pictures and tell your partner about your symptoms.



**III** Your partner doesn't look well today. Ask about his/her physical condition, guess the illness from the list, and give advice.

- a cold
- hay fever
- food poisoning
- heatstroke

**IV** You are not feeling well today. Look at the pictures and tell your partner about your symptoms.



## Student B

I You are not feeling well today. Look at the pictures and tell your partner about your symptoms.



II Your partner doesn't look well today. Ask about his/her physical condition, guess the illness from the list, and give advice.

- a cold
- hay fever
- food poisoning
- heatstroke

III You are not feeling well today. Look at the pictures and tell your partner about your symptoms.



IV Your partner doesn't look well today. Ask about his/her physical condition, guess his/her illness from the list, and give advice.

- a cold
- hay fever
- food poisoning
- heatstroke

# Short Talk

## Good health habits

### Listening

**A** Listen to the short talks by Shin and June. Then circle the correct answers for question 1.



	 Shin	 June
1. Which statement is true?	a. He exercises regularly. b. He loves junk food. c. He often gets sick.	a. She cooks hot soup. b. She drinks cold drinks. c. She never gets sick.
2. What is the most important thing for them to stay healthy?		

**B** Listen again and answer question 2.



### Speaking

**A** Prepare for a short talk about your good health habits.

- I think it is good to \_\_\_\_\_.
- I think \_\_\_\_\_ is very important.
- I always \_\_\_\_\_ in the morning/evening.
- I \_\_\_\_\_ times a week.
- I always \_\_\_\_\_ when I \_\_\_\_\_.
- I try to avoid \_\_\_\_\_.
- I almost never \_\_\_\_\_.

**B** Work in groups. Take turns to give a short talk.

### Wrap-up

**A** If you get sick, do you think you can explain your symptoms to a doctor in English?

YES \_\_\_\_\_ MAYBE \_\_\_\_\_ NO \_\_\_\_\_

**B** Write two words/expressions from this unit that you want to remember.

1. \_\_\_\_\_ 2. \_\_\_\_\_