

Daily Life

Talking about routines | Describing frequency

Preparation

A Write the words matching each picture.

- ask the teacher a question
- fall asleep in class
- hang out with friends
- skip class
- text in class
- drink coffee
- get a high score on a test
- oversleep
- take a bath



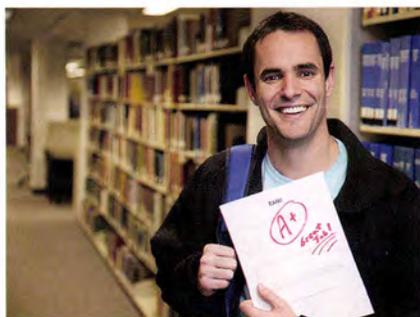
1. _____



2. _____



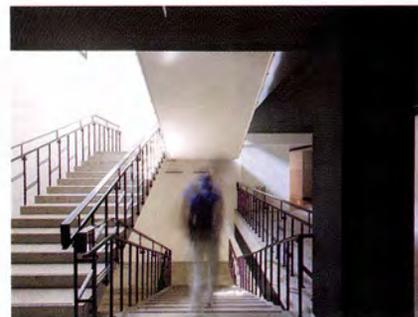
3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____

B Complete the sentences with your own ideas.

1. I always _____ in the morning.
2. I usually _____ in the evening.
3. I sometimes _____ at night.
4. I hardly ever _____ on the weekend.
5. I never _____ in class.
6. I _____ once a week.
7. I _____ three times a week.
8. I _____ once every two weeks.

C Work in pairs. Student A, ask your partner the questions below. Student B, answer the questions with your ideas from Task B. Change roles and practice again.

1. What do you do in the morning?
I always ...
2. What do you do in the evening?
I usually ...
3. What do you do on the weekend?
I sometimes ...
4. What do you never do in class?
I never ...
5. What do you do once a week?
I ...

Practice

08

Asking about Routines

- What do you do in the morning?
- How often do you hang out with your friends?
- What do you never do at night?
- Do you usually get a high score on a test?

Describing Frequency

[General Expressions]

- 100% ↑
- 80%
- 70%
- 30%
- 10%
- 5%
- 0% ↓
- I **always** watch TV at night.
 - I **usually** stay up late on Friday.
 - I **often** study in the library.
 - I **sometimes** forget to do my homework.
 - I **occasionally** go to a party.
 - I **hardly ever** oversleep.
 - I **never** fall asleep in English class.

[Specific Expressions]

- I get up early **once/twice** a week.
- I brush my teeth **three times** a day.
- I eat breakfast **every day**.
- I go to a coffee shop **every** Sunday.
- I enjoy karaoke **every** two months.

A Make your own sentences with some expressions for frequency.

Ex ask the teacher a question ▶ I always ask the teacher a question in English class.

1. forget to do my homework ▶ _____
2. get a high score on a test ▶ _____
3. skip class ▶ _____
4. go to hot springs ▶ _____
5. drink coffee ▶ _____
6. play video games ▶ _____

B Work in pairs. Practice talking about your school life. Use these words and the expressions for frequency.

- ask the teacher a question
- come to class early
- come to class late
- come to class on time
- fall asleep in class
- forget to do your homework
- get a high score on a test
- skip class
- text in class

Ex A: Do you usually come to class early?

B: I **sometimes** come to class early. How about you?

A: I come to class early **every day**.

C

Change your partner. This time, practice talking about other daily life topics.

- brush my teeth
- eat at a family restaurant
- get up early
- go to a party
- oversleep
- study in the library
- cook dinner
- eat breakfast
- go shopping
- go to hot springs
- play video games
- take a bath
- drink coffee
- enjoy karaoke
- go to a coffee shop
- hang out with friends
- stay up late

Ex **A:** How often do you go to a party?
B: I go to a party **once a month**. How about you?
A: I **hardly ever** go to a party.

Expanded Conversation

A

Complete questions 4–6 with your own ideas.

Questions	Classmate 1	Classmate 2	Classmate 3
1. What do you do on Saturday night?			
2. Do you usually come to class on time?			
3. How often do you take a bath?			
4. What do you do			
5. Do you usually			
6. How often do you			

B

Talk to three classmates. Ask them questions 1–6 and make notes of their answers.

Short Talk Breakfast

Listening

A

Listen to the short talks by Mariko and Dan. Then circle the correct answers for question 1.



	 Mariko	 Dan
1. How often do they eat breakfast?	a. Always b. Sometimes c. Usually	a. Always b. Hardly ever c. Never
2. What is their favorite breakfast food?		

B

Listen again and answer question 2.



Speaking

A

Prepare for a short talk about your breakfast.

- How often do you eat breakfast? _____
- What do you usually eat? _____
- What is your favorite breakfast food? _____
- How often do you eat it? _____

B

Work in groups. Take turns to give a short talk.

Wrap-up

A

Complete the sentences with the words for frequency.

- I _____ study English at home.
- I _____ study English on the train.

B

Write two words/expressions from this unit that you want to remember.

- _____
- _____